

## **Useful Kitchen Appliances**

Blender – smoothies and nut / oat milks

Portable smoothie cup with a lid

Handheld blender (soups)

Large container with screw lid to store homemade oat/rice milks in the fridge

Mortar and Pestle ( grinding spices and garlic/lemongrass)

Pressure cooker

Roasting tray (vegetables)

Slow cooker

Small glass containers for left overs

Stock pot or large saucepan

Strainer fine and medium)

Swiss baking tray (roulades)

Whisk

Measuring scales

Glass measuring jug ( also useful for making up quick gravy sauce )

Measuring cups

Apple corer

Lemon juicer

Muslin cloth ( if you want to strain nut milk or capture seeds from juice of citrus fruit)

Pastry brush

Wooden spoon for stirring

Small bowls to eat from

Small plates

Plastic and china cutlery

Small water glass

Glass containers with sealed lids ( don't carry "smell" ) which often put me off